

Bible Text New International Version	How is the Holy Spirit revealed in these Scriptures?
<p><b>Romans 8:1-15</b></p> <p><b>Life Through the Spirit</b></p> <p><sup>1</sup> Therefore, there is now no condemnation for those who are in Christ Jesus, <sup>2</sup> because through Christ Jesus the law of the Spirit who gives life has set you<sup>[a]</sup> free from the law of sin and death. <sup>3</sup> For what the law was powerless to do because it was weakened by the flesh,<sup>[b]</sup> God did by sending his own Son in the likeness of sinful flesh to be a sin offering.<sup>[c]</sup> And so he condemned sin in the flesh, <sup>4</sup> in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.</p> <p><sup>5</sup> Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. <sup>6</sup> The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. <sup>7</sup> The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. <sup>8</sup> Those who are in the realm of the flesh cannot please God.</p> <p><sup>9</sup> You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. <sup>10</sup> But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life<sup>[d]</sup> because of righteousness. <sup>11</sup> And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of<sup>[e]</sup> his Spirit who lives in you.</p> <p><sup>12</sup> Therefore, brothers and sisters, we have an obligation—but it is not to the flesh, to live according to it. <sup>13</sup> For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.</p> <p><i>continued</i></p> <p>a. The Greek is singular; some manuscripts <i>me</i></p> <p>b. In contexts like this, the Greek word for <i>flesh</i> (<i>sarx</i>) refers to the sinful state of human beings, often presented as a power in opposition to the Spirit; also in verses 4-13.</p> <p>c. Or <i>flesh, for sin</i></p> <p>d. Or <i>you, your body is dead because of sin, yet your spirit is alive</i></p> <p>e. Some manuscripts <i>bodies through</i></p>	

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<p><b>Romans 8:1-15 (continued)</b></p> <p><sup>14</sup> For those who are led by the Spirit of God are the children of God. <sup>15</sup> The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship.<sup>f</sup> And by him we cry, “Abba,<sup>g</sup> Father.”</p> <p><b>John 3:1-8</b></p> <p><b>Jesus Teaches Nicodemus</b></p> <p><sup>1</sup> Now there was a Pharisee, a man named Nicodemus who was a member of the Jewish ruling council. <sup>2</sup> He came to Jesus at night and said, “Rabbi, we know that you are a teacher who has come from God. For no one could perform the signs you are doing if God were not with him.”</p> <p><sup>3</sup> Jesus replied, “Very truly I tell you, no one can see the kingdom of God unless they are born again.<sup>h</sup>”</p> <p><sup>4</sup> “How can someone be born when they are old?” Nicodemus asked. “Surely they cannot enter a second time into their mother’s womb to be born!”</p> <p><sup>5</sup> Jesus answered, “Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. <sup>6</sup> Flesh gives birth to flesh, but the Spirit<sup>i</sup> gives birth to spirit. <sup>7</sup> You should not be surprised at my saying, ‘You<sup>j</sup> must be born again.’ <sup>8</sup> The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit.”<sup>k</sup></p> <p><b>John 6:63</b></p> <p><sup>63</sup> The Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit<sup>l</sup> and life.</p> <p>f. The Greek word for <i>adoption to sonship</i> is a term referring to the full legal standing of an adopted male heir in Roman culture; also in verse 23.</p> <p>g. Aramaic for <i>father</i></p> <p>h. The Greek for <i>again</i> also means <i>from above</i>; also in verse 7.</p> <p>i. Or <i>but spirit</i></p> <p>j. The Greek is plural.</p> <p>k. The Greek for <i>Spirit</i> is the same as that for <i>wind</i>.</p> <p>l. Or <i>are Spirit</i>; or <i>are spirit</i></p>	

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<p><b>Galatians 6:7-8</b></p> <p><sup>7</sup>Do not be deceived: God cannot be mocked. A man reaps what he sows. <sup>8</sup>Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.</p>	

**Reflections**

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Compare and contrast life in the flesh versus life in the Holy Spirit. Identify specific pitfalls and hindrances created by life in the flesh that separate you from the Spirit.

Spend time reflecting on how living in and through the Holy Spirit looks in your own life. Share any insights.



