

| Bible Text New International Version | How is the Holy Spirit revealed in these Scriptures? |
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| <p>Romans 8:1-11</p> <p>Life Through the Spirit</p> <p>¹ Therefore, there is now no condemnation for those who are in Christ Jesus, ² because through Christ Jesus the law of the Spirit who gives life has set you^[a] free from the law of sin and death. ³ For what the law was powerless to do because it was weakened by the flesh,^[b] God did by sending his own Son in the likeness of sinful flesh to be a sin offering.^[c] And so he condemned sin in the flesh, ⁴ in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.</p> <p>⁵ Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶ The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. ⁷ The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. ⁸ Those who are in the realm of the flesh cannot please God.</p> <p>⁹ You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. ¹⁰ But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life^[d] because of righteousness. ¹¹ And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of^[e] his Spirit who lives in you.</p> <p>a. The Greek is singular; some manuscripts <i>me</i> b. In contexts like this, the Greek word for <i>flesh</i> (<i>sarx</i>) refers to the sinful state of human beings, often presented as a power in opposition to the Spirit; also in verses 4-13. c. Or <i>flesh, for sin</i> d. Or <i>you, your body is dead because of sin, yet your spirit is alive</i> e. Some manuscripts <i>bodies through</i></p> | |

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| <p>Romans 8:12-17</p> <p>¹² Therefore, brothers and sisters, we have an obligation—but it is not to the flesh, to live according to it. ¹³ For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.</p> <p>¹⁴ For those who are led by the Spirit of God are the children of God. ¹⁵ The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship.^f And by him we cry, “<i>Abba</i>,^g Father.” ¹⁶ The Spirit himself testifies with our spirit that we are God’s children. ¹⁷ Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.</p> <p>Romans 8:22-27</p> <p>²² We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. ²³ Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies. ²⁴ For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have? ²⁵ But if we hope for what we do not yet have, we wait for it patiently.</p> <p>²⁶ In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. ²⁷ And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God’s people in accordance with the will of God.</p> <p>f. The Greek word for <i>adoption to sonship</i> is a term referring to the full legal standing of an adopted male heir in Roman culture; also in verse 23. g. Aramaic for <i>father</i></p> | |

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| <p>Romans 12:1-2 A Living Sacrifice</p> <p>¹ Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.</p> | |

Reflections

Give one or more examples of a time in which you were living “*according to the flesh*” (were conformed to the “*pattern of this world*”) and one or more examples of when you were living “*according to The Spirit*” (in a way that was pleasing to God).

We regularly face suffering, but we are promised an Intercessor. Tell of a time when you suffered in some way and how the Spirit helped you through it?

