Lesson 6 Matthew 6:16-34

Bible Text New International Version	Observations What does the text say?	Interpretation & Questions What does it mean to all Christians?
Matthew 6:16-18		
Fasting		
¹⁶ "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. ¹⁷ But when you fast, put oil on your head and wash your face, ¹⁸ so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.		
	Application What does it mean to me?	
Summary:		

Lesson 6 Matthew 6:16-34

Bible Text New International Version	Observations What does the text say?	Interpretation & Questions What does it mean to all Christians?
Matthew 6:19-24		
Treasures in Heaven		
¹⁹ "Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. ²⁰ But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also.		
²² "The eye is the lamp of the body. If your eyes are healthy, ^[a] your whole body will be full of light. ²³ But if your eyes are unhealthy, ^[a] your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!		
²⁴ "No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money.	Application What does it mean to me?	
Footnotes:		
 a. Matthew 6:22 The Greek for healthy here implies generous. b. Matthew 6:23 The Greek for unhealthy here implies stingy. 		
Summary:		

Lesson 6 Matthew 6:16-34

Bible Text New International Version	Observations What does the text say?	Interpretation & Questions What does it mean to all Christians?
Matthew 6:25-34		
Do Not Worry		
²⁵ "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life ^[a] ?		
²⁸ "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.		
	Application What does it mean to me?	
Footnotes:		
a. Matthew 6:27 Or single cubit to your height		
Summary:		

Trusting God's Provision



Proverbs 3:5-6

1 Timothy 6:17-19

Question:

1. If Jesus looked closely at your life today, what would He say your treasure is?

2. Recall a time when God's provision has been clear to you.

Lecture Notes

Prayer Requests