

# Journey into Freedom

Lesson 10

Exodus 19:1-15, 19:16-25, 20:1-17, 20:18-21

<b>Bible Text</b> New International Version	<b>Observations</b> What does the text say?	<b>Interpretation &amp; Questions</b> What does it mean to all Christians?
<p><b>Exodus 19:1-15</b></p> <p><b>At Mount Sinai</b></p> <p><sup>1</sup> On the first day of the third month after the Israelites left Egypt—on that very day—they came to the Desert of Sinai. <sup>2</sup> After they set out from Rephidim, they entered the Desert of Sinai, and Israel camped there in the desert in front of the mountain.</p> <p><sup>3</sup> Then Moses went up to God, and the LORD called to him from the mountain and said, “This is what you are to say to the descendants of Jacob and what you are to tell the people of Israel: <sup>4</sup> ‘You yourselves have seen what I did to Egypt, and how I carried you on eagles’ wings and brought you to myself. <sup>5</sup> Now if you obey me fully and keep my covenant, then out of all nations you will be my treasured possession. Although the whole earth is mine, <sup>6</sup> you<sup>[a]</sup> will be for me a kingdom of priests and a holy nation.’ These are the words you are to speak to the Israelites.”</p> <p><sup>7</sup> So Moses went back and summoned the elders of the people and set before them all the words the LORD had commanded him to speak. <sup>8</sup> The people all responded together, “We will do everything the LORD has said.” So Moses brought their answer back to the LORD.</p> <p><sup>9</sup> The LORD said to Moses, “I am going to come to you in a dense cloud, so that the people will hear me speaking with you and will always put their trust in you.” Then Moses told the LORD what the people had said.</p> <p><sup>10</sup> And the LORD said to Moses, “Go to the people and consecrate them today and tomorrow. Have them wash their clothes <sup>11</sup> and be ready by the third day, because on that day the LORD will come down on Mount Sinai in the sight of all the people. <sup>12</sup> Put limits for the people around the mountain and tell them, ‘Be careful that you do not approach the mountain or touch the foot of it. Whoever touches the mountain is to be put to death. <sup>13</sup> They are to be stoned or shot with arrows; not a hand is to be laid on them. No person or animal shall be permitted to live.’ Only when the ram’s horn sounds a long blast may they approach the mountain.”</p>		

## Journey into Freedom

Lesson 10

Exodus 19:1-15, 19:16-25, 20:1-17, 20:18-21

<b>Bible Text</b> New International Version	<b>Observations</b> What does the text say?	<b>Interpretation &amp; Questions</b> What does it mean to all Christians?
<sup>14</sup> After Moses had gone down the mountain to the people, he consecrated them, and they washed their clothes. <sup>15</sup> Then he said to the people, "Prepare yourselves for the third day. Abstain from sexual relations."		
	<b>Application</b> What does it mean to me?	
<b>Footnotes:</b> a. Exodus 19:6 Or <i>possession, for the whole earth is mine.</i> <sup>6</sup> You		
<b>Summary:</b>		
<b>Exodus 19:16-25</b> <sup>16</sup> On the morning of the third day there was thunder and lightning, with a thick cloud over the mountain, and a very loud trumpet blast. Everyone in the camp trembled. <sup>17</sup> Then Moses led the people out of the camp to meet with God, and they stood at the foot of the mountain. <sup>18</sup> Mount Sinai was covered with smoke, because the LORD descended on it in fire. The smoke billowed up from it like smoke from a furnace, and the whole mountain <sup>19</sup> trembled violently. <sup>19</sup> As the sound of the trumpet grew louder and louder, Moses spoke and the voice of God answered him. <sup>20</sup> The LORD descended to the top of Mount Sinai and called Moses to the top of the mountain. So Moses went up <sup>21</sup> and the LORD said to him, "Go down and warn the people so they do not force their way through to see the LORD and many of them perish."		

## Journey into Freedom

Lesson 10

Exodus 19:1-15, 19:16-25, 20:1-17, 20:18-21

<b>Bible Text</b> New International Version	<b>Observations</b> What does the text say?	<b>Interpretation &amp; Questions</b> What does it mean to all Christians?
<p><sup>22</sup> Even the priests, who approach the LORD, must consecrate themselves, or the LORD will break out against them.”</p> <p><sup>23</sup> Moses said to the LORD, “The people cannot come up Mount Sinai, because you yourself warned us, ‘Put limits around the mountain and set it apart as holy.’”</p> <p><sup>24</sup> The LORD replied, “Go down and bring Aaron up with you. But the priests and the people must not force their way through to come up to the LORD, or he will break out against them.”</p> <p><sup>25</sup> So Moses went down to the people and told them.</p>		
<b>Application</b> What does it mean to me?		
<p><b>Footnotes:</b></p> <p>a. Exodus 19:18 Most Hebrew manuscripts; a few Hebrew manuscripts and Septuagint <i>and all the people</i></p> <p>b. Exodus 19:19 Or <i>and God answered him with thunder</i></p>		
<p><b>Summary:</b></p>		
<p><b>Exodus 20:1-17</b></p> <p><b>The Ten Commandments</b></p> <p><sup>1</sup> And God spoke all these words:</p> <p style="padding-left: 20px;"><sup>2</sup> “I am the LORD your God, who brought you out of Egypt, out of the land of slavery.</p> <p style="padding-left: 20px;"><sup>3</sup> “You shall have no other gods before <sup>[a]</sup> me.</p> <p style="padding-left: 20px;"><sup>4</sup> “You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below. <sup>5</sup> You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, <sup>6</sup> but showing love to a thousand generations of those who love me and keep my commandments.</p>		

# Journey into Freedom

Lesson 10

Exodus 19:1-15, 19:16-25, 20:1-17, 20:18-21

<b>Bible Text</b> New International Version	<b>Observations</b> What does the text say?	<b>Interpretation &amp; Questions</b> What does it mean to all Christians?
<p><sup>7</sup>“You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name.</p> <p><sup>8</sup>“Remember the Sabbath day by keeping it holy. <sup>9</sup> Six days you shall labor and do all your work, <sup>10</sup> but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. <sup>11</sup> For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.</p> <p><sup>12</sup>“Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.</p> <p><sup>13</sup>“You shall not murder.</p> <p><sup>14</sup>“You shall not commit adultery.</p> <p><sup>15</sup>“You shall not steal.</p> <p><sup>16</sup>“You shall not give false testimony against your neighbor.</p> <p><sup>17</sup>“You shall not covet your neighbor’s house. You shall not covet your neighbor’s wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor.”</p>		
<b>Application</b> What does it mean to me?		
<p><b>Footnotes:</b></p> <p style="margin-left: 20px;">a. Exodus 20:3 Or <i>besides</i></p>		
<p><b>Summary:</b></p>		

# Journey into Freedom

Lesson 10

Exodus 19:1-15, 19:16-25, 20:1-17, 20:18-21

<b>Bible Text</b> New International Version	<b>Observations</b> What does the text say?	<b>Interpretation &amp; Questions</b> What does it mean to all Christians?
<p><b>Exodus 20:18-21</b></p> <p><sup>18</sup> When the people saw the thunder and lightning and heard the trumpet and saw the mountain in smoke, they trembled with fear. They stayed at a distance <sup>19</sup> and said to Moses, “Speak to us yourself and we will listen. But do not have God speak to us or we will die.”</p> <p><sup>20</sup> Moses said to the people, “Do not be afraid. God has come to test you, so that the fear of God will be with you to keep you from sinning.”</p> <p><sup>21</sup> The people remained at a distance, while Moses approached the thick darkness where God was.</p>		
<b>Application</b> What does it mean to me?		
<p><b>Summary:</b></p>		

# Journey into Freedom

Lesson 10

Exodus 19:1-15, 19:16-25, 20:1-17, 20:18-21

## The Journey Has Boundaries

---

### Scriptures:

Psalm 119:10-11

1 Peter 1:14-16

### Question:

The Ten Commandments are our God-given boundaries for a successful journey. Describe a time you were tempted to, or did, step over one or more of these boundaries. What did you learn about God and about yourself as a result?

# Journey into Freedom

Lesson 10

Exodus 19:1-15, 19:16-25, 20:1-17, 20:18-21

Lecture Notes

---

## **Journey into Freedom**

Lesson 10

Exodus 19:1-15, 19:16-25, 20:1-17, 20:18-21

Prayer Requests

---